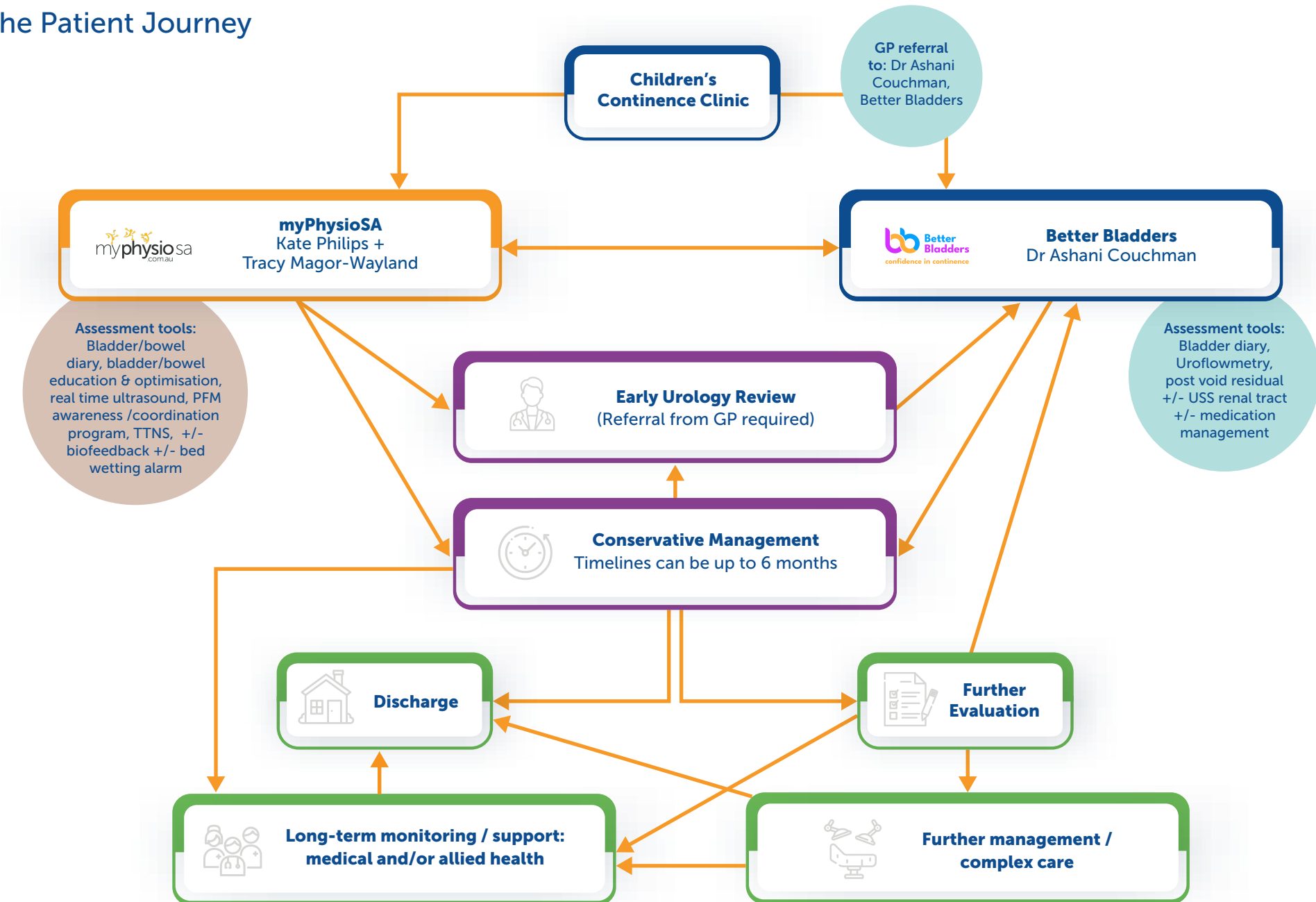


# CHILDREN'S CONTINENCE CLINIC

## The Patient Journey



To start your patient journey, call Better Bladders today on 08 8164 6360 (GP referral required).



## Kate Phillips

*myPhysioSA*

Bachelor of Physiotherapy, Masters of Physiotherapy

Kate Phillips is the Clinical Director of the 'myPhysioSA pelvic health' team and the Head of Unit for Women's Physiotherapy at the Women's and Children's Hospital. She graduated from the University of South Australia with a Bachelor of Physiotherapy and went on to complete Post-graduate Certificates in Paediatric Physiotherapy and Pelvic Floor Physiotherapy, and her Masters of Physiotherapy degree at the University of Melbourne. Kate has published research in the fields of women's and pelvic health physiotherapy, and allied health service evaluation.

Combining her work experiences in both paediatric and pelvic health settings, Kate feels it is a privilege to work with young people and their families and is committed to providing collaborative care to support their journey.



## Tracy Magor-Weyland

*myPhysioSA*

Bachelor of Applied Science (Physio), Masters in Physiotherapy (Musc)

Tracy Magor-Weyland graduated from the University of South Australia in 1992 with a Bachelor of Applied Science (Physio) and later completed her Masters in Physiotherapy (Musc) in 1999. Her career journey includes roles at the Women's and Children's Hospital and Mt Barker Hospital, where her focus on pelvic health physiotherapy grew. Since 2016, Tracy has managed the paediatric continence patient load at Hahndorf Physiotherapy, alongside her work with the myPhysioSA pelvic health team from 2018. She is dedicated to mentoring and lecturing for the local branch of the Australian Physiotherapy Association, aiming to improve allied health services in South Australia for paediatric continence. Tracy is passionate about providing evidence-based care and support to children, teenagers, and their families.



## Dr Ashani Couchman

*Better Bladders*

Bachelor of Medicine / Bachelor of Surgery

Fellow of the Royal Australasian College of Surgeons

Dr Ashani Couchman is a urological surgeon and deputy head of urology at the Royal Adelaide Hospital.

In her private practice Dr Couchman consults in all areas of urology and is an internationally acknowledged specialist in Reconstructive Urology – adolescent and neuro-urology.

She was a graduate of Auckland Medical School in 2003, and she completed her surgical training in New Zealand. This was followed by fellowships at the Institute of Urology (London), Great Ormond Street Hospital for Children (London), National Hospital for Neurology and Neurosurgery (London), and Western General Hospital (Edinburgh), culminating in a consultant position at Kingston Hospital, Kingston-upon-Thames. She is the Neuro-urologist at the Repat Precinct (the old Hampstead Rehabilitation Centre), The Royal Adelaide Hospital, and is a visiting specialist at the Women's and Children's Hospital, Adelaide, South Australia.

Dr Couchman has published clinical research in her sub-specialty fields and edited a reference textbook on urinary incontinence. She continues to be a reviewer of the Journal of Paediatric Urology, a peer reviewer of the British Journal of Urology International and a member of the Cochrane Collaboration.